



Paediatric Pan London Oxygen Group

1st edition 2020 Newsletter

Bringing professionals together to share and learn

In 2016, PPLOG was founded by a group of respiratory specialist nurses, community children nurses, paediatric nurses and community neonatal nurses. The reason for establishing the group was to address these issues within home oxygen pathways (hospital to home) 1. No standardisation of practice across London 2. Current national home assessment forms (IHORM) not paediatric specific 3. Minimal evidence base and minimal guidance - BTS, 2009 4. Confusion and making complex discharges even more challenging 5. Delayed discharges 6. Variation in education / advice / follow up of children on home oxygen.

PPLOG has now developed the Discharge Bundle (please copy & past link) <https://www.networks.nhs.uk/nhs-networks/london-lungs/documents/management-of-child-on-home-oxygen-documents-final-discharge-bundle>

The publication of the PPLOG discharge bundle has made a huge difference in how home oxygen therapy in children is now being delivered within London. Interestingly, there has been requests in the use of the PPLOG discharge bundle from Manchester, Birmingham, East of England, the South West of England and other areas within England.

In celebration, PPLOG has been recognised for the hard work and contribution it has made in reducing variation within neonatal and paediatric services. In 2018, PPLOG was Finalist for Innovation in Primary Care: Healthcare Transformation Award– NHS England and Finalist Respiratory Nursing: Nursing Times Awards 2018. There has been various posters and oral presentations both national and international.

It is important to acknowledge that this has been achieved by the dedication and time by the PPLOG members. A big thank you goes to the PPLOG members for not giving up on their vision to improve service delivery for all the infants and children discharged from hospital on home oxygen. Importantly, the PPLOG discharge bundle has reduced a lot of anxiety and stress for health care professionals based on what and how to teach parents/carers to care and escalate concerns early.

The PPLOG members include: Emilie Maughan (Co-Chair), Rebecca Smith (Co-Chair), Abigail Beddow (Secretary), Tendai Nzirawa (Treasurer), Caroline Lock (Air Liquide), Alison Camden, Sook Lin Yap, Nichola Starkowitz, Ceara Turner, Samantha Ahern, Tamsyn Hernandez, Billie Coverley, Debbie Roots, Joanna Broderick, Tyree Rawsthorne,

Moving forward

In August 2019, PPLOG was very happy to have been awarded RCN Accreditation for all future Paediatric Pan London Oxygen Group Study Days. Therefore, this ensures all our study days are part of CPD credits or used for revalidation.

However, PPLOG and RCN state that the group & organisation cannot confirm the competence of any practitioner. The competence will need to be signed off within your local unit/service by a health professional that has attended our PPLOG study days.

Further information about PPLOG can be found on the RCN website for CYP as a case study <https://www.rcn.org.uk/clinical-topics/children-and-young-people/children-and-young-people-career-case-studies/tendai-nzirawa>



RCN ACCREDITED

National survey on initiation and weaning of home oxygen for BPD in neonatal community



Team from Southampton and Royal United Hospital, Bath, led by Dr Hazel Evans and working closely with Dr Alison Garde (ST4 Paediatrics)

Would like to thank everyone that participated in the monkey survey. The survey aimed to identify key areas for future research based on the initiation and weaning of home oxygen for BPD in neonatal community. The survey has closed now and we hope to share a snap shot of the results in the future news-letter publications.

Championing PPLOG within your workplace



Since the launching of PPLOG about 3 years ago, the demand has been tremendous. To date a total of 187 professionals have attended the study days. In order, to make it as convenient as possible for professionals to attend. PPLOG has held study days in Whittington Hospital, Guys & St Thomas Hospital, Mile End Hospital and South West England hospitals. A further 50-100 health care professionals received PPLOG presentations through PPLOG members attending various meetings/ events.

Sharing this bundle has been invaluable. The attendance of PPLOG study days has enabled one to become a PPLOG champion. The role of a PPLOG champion is about sharing what they have learnt with their colleagues within their Trusts. Furthermore, the champion plays a important role of supporting our vision to standardise best practice within England through PPLOG teaching & competencies.



If you think being a PPLOG Champion might be something you are interested in, email us or attend one of our PPLOG study days.

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South West Paediatric Oxygen Road show

Wednesday 13th November 2019, Derriford Hospital PL6 8DH

Thursday 14th November 2019, NHS Dorset CCG HQ, Bridport Road DT1 1PX

Friday 15th November 2019, University Hospitals Bristol



PPLOG teamed up with Joanna Broderick (RCN 2019 children health award winner) in November for a three day tour of the South West region. PPLOG's usual full day program was modified to fit the requirements and geographical challenges of the region by adopting a half-day seminar format. Joanne (CCN from Exeter) was our guest speaker on each day and showcased her nurse-led neonatal oxygen weaning pathway. This and the scenarios led by PPLOG generated much discussion.

First stop was Plymouth, with Tendai and Caroline, then it was off to Dorchester with Rebecca and Abigail. Billie was joined by Tendai who returned for the final day in Bristol. A total of 59 delegates attended these events, which certainly met our expectations. Representatives from each major neonatal, paediatric, and community teams attended, including a wide range of people from different clinical backgrounds - Consultants, SCBU and Neonatal Outreach Nurses, Community Children's Nurses, and students.

Feedback from delegates was particularly positive as they enjoyed the opportunity to network, discuss best practice, and most importantly to learn from and critique the experts. Many clinicians in the South West are now keen to adopt the PPLOG discharge bundle and are particularly pleased there is now a paediatric-specific risk assessment form they can use.

Special thanks to Claire Yardley (Home Oxygen Lead for the South West region) and the South West Contracts Management Board for sponsoring the events and providing refreshments.

Thank you so much for all your efforts on what we can all agree was a successful endeavour!

Evan Williams

Respiratory Advisor (South West) evan.williams@airliquides.com

PPLOG study day— 13th March 2020

Registration: 09am and Finish 1530pm

Venue: Holiday Inn Brentwood M25, Jct 28, CM14 5NF

If you are interested in this study day £15 per delegate.

Please register on Eventbrite <https://www.eventbrite.com/e/paediatric-pan-london-oxygen-grouppplog-essex-study-day-tickets-90168990879>

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abigail.beddow@nhs.net or tendai.nzirawa@nhs.net

